


# The Hard Road

Choreo: David McGrath  
 Music: Hilltop Hoods  
 Level: Advanced  
 Sequence: Intro A B C A\* B C D Intro C E Ending  
 Intro: Wait 16 Beats, Left Foot Lead

Beats	Cues	Beats	Cues
<b>Intro</b>		<b>Part B</b>	
8	Daydream Pull	8	Jazz Split
8	Liberty – ½ Left	8	2 Running Springs
8	Daydream Pull	4	Half Far Side
8	Liberty – ½ Left	4	Farmer
<b>Part A</b>		4	Pullback Pony
8	Funky Creep	4	Tennessee Chug – Full Left
4	Synco Tap Back Stomp	<b>Part C</b>	
4	Fast Doubles	8	Sophie Scissors – Left
8	Double Blind	8	Fallover Doubles
4	Mountain Gregory	8	Sophie Scissors – Right
4	Bounce Tuck	8	Fallover Doubles
<b>Part B</b>		<b>Part D</b>	
8	Jazz Split	8	Tennessee Hip Hop – Full Left
8	2 Running Springs	4	Double Double Flange Across
4	Half Far Side	4	Hop Tennessee Slide
4	Farmer	<b>Intro</b>	
4	Pullback Pony	8	Daydream Pull
4	Tennessee Chug – Full Left	8	Liberty – ½ Left
<b>Part C</b>		8	Daydream Pull
8	Sophie Scissors – Left	8	Liberty – ½ Left
8	Fallover Doubles		
8	Sophie Scissors – Right	<b>Part C</b>	
8	Fallover Doubles	8	Sophie Scissors – Left
<b>Part A*</b>		8	Fallover Doubles
8	Funky Creep	8	Sophie Scissors – Right
4	Synco Tap Back Stomp	8	Fallover Doubles
4	Fast Doubles	<b>Part E</b>	
4	SR Creeper – Fwd	8	Samantha Walk – Full Right
4	Bend Rock Pivot – ½ Right	8	Gangsta Chaser
4	Slap & Tennessee – ½ Right	<b>Ending</b>	
4	Triple Twister	32	4 Tennessee Freeze – ¼ Right on each
		16	2 Tennessee Freeze – ½ Right on each
		4	Tennessee Beats

## Step Explanations – The Hard Road:

### Daydream Pull

DS TnUp TnDn RS R HD(OTF) PULL S DS TchH- BA TchH- S  
 L R R LRL R L L R L L R R  
 &1 e&a2 e&a3 &4 & 5 & 6 &7 e & a 8

## Step Explanations – The Hard Road (cont.):

### Liberty

DS DT HOP TT(bk) TT(bk) S DT HOP TT(bk) TT(bk) S DT HOP TT(bk) S DT HOP TT(bk) SL  
L R L R R R L R L L L R L R R L R L R  
&1 e& a 2 & 3 e& a 4 & 5 e& a 6 &a7 e & 8

### Funky Creep

DS HD- FLAP S HD- FLAP S BA LIFT/SL (P) TCH(ots) LIFT S(bs) DT K(fwd)/BA RS(fwd)  
L R R L R R L R L/R L L L R L/R LR  
&1 & a 2 & a 3 & 4 & 5 & 6 &a 7 &8

### Synco Tap Back Stomp

(P) BA TT(bk) HOP S TT(bk) HOP S TT(bk) HOP STO(ots) STO(bs)  
L R L R L R L R L R L  
& 1 e & a 2 e & a 3 & 4

### Fast Doubles

(P) HOP DT(fwd) HOP DT(ots) HOP DT(fwd) HOP DT(ots) HOP DT(fwd) HOP DT(ots) HOP  
L R L R L R L R R L R L R  
& 1 oe & oa 2 oe & oa 3 oe & oa 4

### Double Blind

(P) S DT- BAS DT- BAS S DT- BAS S K(fwd)/BA S S(fwd) DT- BA DT- BA TCH(f)  
L R R L R R L R L L R L L R R L  
& 1 e& a 2 e& a 3 e &a 4 e & 5 & 6 &a 7 e& a 8

### Mountain Gregory

[DS TchH(ots) CLICK/CLICK(heels under) BO TchH(ots) CLICK/CLICK(heels under) BO TchH(ots)  
L R L/R L R L/R L R  
&1 e & a 2 e  
CLICK/CLICK(heels under) BA DS(bs)] – (Move Right)  
L/R L R  
3 e &4

### Bounce Tuck

(P) BO/BO(apart) BO/BO(tog) LIFT(tuck)/BO (P) S(fwd) (Pull arms back) BR HD- FLAP  
L/R L/R L/R L R R R  
& 1 & 2 & 3 & a 4

*tuck = bend knee tight in to body, hold ankle with both hands.*

### Jazz Split

DS DS(xif) DS(xib) DS(bs) (P) BA/HD(ots) RS(xif) DS TT- BA TchH- S  
L R L R L/R RL R L L R R  
&1 &2 &3 &4 & 5 &6 &7 e & a 8

### Running Springs

(P) BA BR- BA BR- BA BR- BA BR- S (leg straight) (leg bend)  
L R R L L R R L L L L  
& 1 e & a 2 e & a 3 & 4

### Half Far Side

DS DT(fwd) HOP DT(ots) HOP TT(bk)- BA DT HOP TCH(bs)  
L R L R L R R L R L  
&1 e& a 2e & a 3 e& a 4

### Farmer

HOP DT(ots) BO/BO(tog) HOP DT(ots) BO/BO(tog) HOP DT- BA DT- BA(xif) S(ots)  
R L L/R R L L/R R L L R R L  
& oa 1 & oa 2 & oa 3 e& a 4

**Step Explanations – The Hard Road (cont.):**

**Pullback Pony** (starts with weight on Left foot)

HS(fwd) TT(bk) Pullback- BA TCH(f) BA TT K(fwd)/BA SLAP- BA(bs) S(fwd)  
L R L R R L L R L/R L L R  
&1 e & a 2 & a 3 e & 4

**Tennessee Chug**

DS TnUp SK DR(POP) SLAP SL/SL DR/DR LIFT/SL  
L R R L R L/R L/R L/R  
&1 e&a2 e & a 3 & 4

**Sophie Scissors**

DS TnDn(xif) TT- BA TchH- BA(xif) TT- BA TchH- BA(xif) TnDn(ots) TT- BA TchH- BA(ots) DT  
L R L L R R L L R R L R R L L R  
&1 e&a2 e & a 3 e & a 4 e&a5 e & a 6 &a  
BA/BA(apart) BA/BA(tog) LIFT/SL  
L/R L/R L/R  
7 & 8

**Fallover Doubles**

DT- [BA(xib)/K BA(bs) S(xif) TT- BA BA(xib)/K BA S(xif)] – (moving R) (P) S(1/4 R)  
L L/R R L R R L/R R L R  
&a 1 & 2 e & 3 & 4 & 5  
[DT- BA DT- BA DT- BA] – (move bk) RS(1/4 L)  
L L R R L L RL  
e& a 6e & a7 e &8

**SR Creeper**

DS BR- HD- FLAP S BR- HD- FLAP S BO/BO(apart) LIFT/BA(under)  
L R R L L R R R L L/R L/R  
&1 e & a 2 e & a 3 & 4

**Bend Rock Pivot**

(P) R(xib)/FLANGE BA S(ots) DS(xib) HD/HD(Pivot ½ R) S  
L/R R L R L/R R  
& 1 & 2 &3 & 4

**Slap & Tennessee**

DT(bk) SL DR S TT- BA TchH- S TnDn  
L R R L R R L L R  
&a 1 & 2 e & a 3 e&a4

**Triple Twister**

DT- BO/BO(twist Hs L) DT BO/BO(twist Hs R) DT- BO/BO(twist Hs L) TchH/BA LIFT/SL  
L L/R R L/R L L/R L/R L/R  
&a 1 &a 2 &a 3 & 4

**Tennessee Hip Hop**

DS TnUp TnDn TnUp TnDn TnDn BA DT- BA TCH(f) LIFT/SL  
L R R L L R L R R L L/R  
&1 e&a2 e&a3 e&a4 e&a5 e&a6 & a7 e & 8

**Double Double Flange Across**

DT- BA DT- BA DT- BA(xif)/FLANGE BA(xib) DT- BA(ots) DT FLANGE/BA(xif) S(ots)  
L L R R L L/R R L L R L/R L  
&a 1 oe & oa 2 & oa 3 oe & 4

**Step Explanations – The Hard Road (cont.):**

**Hop Tennessee Slide**

(P) HOP SK(fwd) HOP SLAP HOP TT(bk) HOP SK(fwd) HOP SLAP- BA TT(bk) SL  
 L R L R L R L R L R R L R  
 & 1 e & a 2 e & a 3 e & a 4

**Samantha Walk**

DS TnDn(xif) DR S(bk) DR S(bs) R [S (P) S (P) S (P) S] – (Full R)  
 L R R L L R L R L R L  
 &1 e&a2 & 3 & 4 & 5 & 6 & 7 & 8

**Gangsta Chaser**

DT BO/BO(apart) HOP BA(xib)/TchH HOP BO/BO(apart) HOP TchH/BA(xib) (P) S TnDn STO(fwd)  
 R L/R R L/R R L/R L L/R L R L  
 &a 1 & 2 & 3 & 4 & 5 e&a6 &  
 (P) HD/BA LIFT/SL  
 L/R L/R  
 7 & 8

**Tennessee Freeze**

DS TnUp(ots) HD/BA(1/4 R) (P) RS [TT- BA TchH- S TnDn TT- BA TchH-S TnDn] – (Moving FWD)  
 L R L/R LR L L R R L R R L L R  
 &1 e&a2 & 3 &4 e & a 5 e&a6 e & a 7 e&a8

**Tennessee Beats**

TnDn(ots) (P) H(P) H(P) H  
 L L L L  
 e&a1 & 2 & 3 & 4

**Tennessee Down (TnDn)**

SK DR(POP) SLAP- S  
 L R L L  
 e & a 1

**Tennessee Up (TnUp)**

SK DR(POP) SLAP SL  
 L R L R  
 e & a 1